

# Wrist Extension Pull

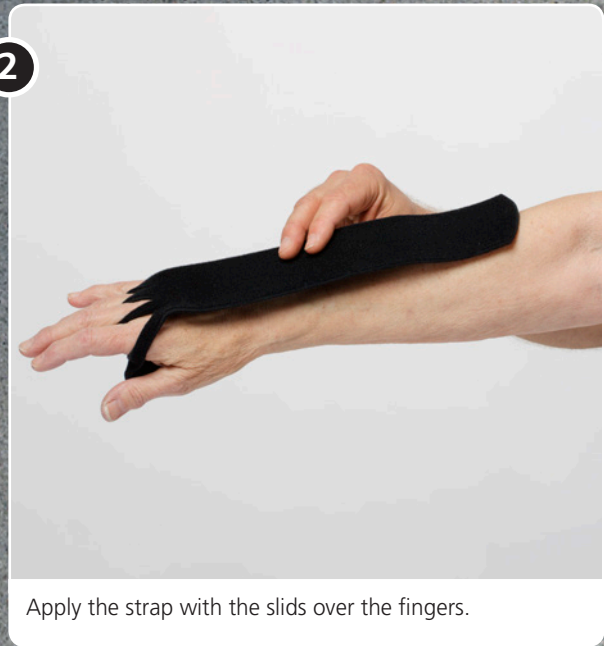
**Material**

NRX<sup>®</sup> Strap Double 110 mm, NRX<sup>®</sup> Strap 30 mm, NRX<sup>®</sup> Strap PLUS 50 mm



1

Start by cutting the MCP-strap in the required width, using the MCP-width on the patient as reference. Cut 3 to 4 oval shaped slits for the fingers. Cut the volar strap in 30 mm NRX<sup>®</sup> Strap. Cut the 50 mm anchors in the NRX<sup>®</sup> PLUS material. You need 3 wider hook tabs and 2 narrow ones for this application.



2

Apply the strap with the slits over the fingers.



3



Secure the flap in the vola with the 30 mm strap with two hook parts.

**Caring instructions**

The NRX<sup>®</sup> strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.



4



Apply the upper anchor, slide the extension strap under the anchor. Attach the hook part to the end and fold it over the anchor and secure it.

5



The wrist extension strap should now have some tension to it.

6



Wrap the 50 mm NRX® Strap around the wrist and secure it.

7



The extension strap can be tightened further over the upper anchor in order to provide more wrist extension.

