

NRX® Hammertoes

Material

NRX® Strap 50 mm and 30 mm

1



In order to provide flexion to the metatarsal joint it might be easier to connect two joints at the same time. Try this individually. The anchor strap that goes around the fore foot should be in 50 mm. The double connection strap should be in 50 mm width or if you choose the single joint version, then cut it in 30 mm. Make sure to cut the holes circular.

2



Start by attaching the anchor strap around the fore foot. You might attach it over the metatarsal joints if it works for the patient. Make sure to secure it with the hook tab on the top of the strap.

3



Start by attaching the anchor strap around the fore foot. You might attach it over the metatarsal joints if it works for the patient. Make sure to secure it with the hook tab on the top of the strap.

4



The tension of the flexion strap might have to be adjusted after some time. Try the application with the patient for 5–10 minutes before adjusting. The flexion strap might have to be replaced after some time due to normal wear and tear.

Caring instructions

The NRX® strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.

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