

NRX[®] Foot Drop

Material

NRX[®] Strap 110 mm and 50 mm

1



- A. Cut the ankle part from the 110 mm NRX[®] Strap, make sure that the straps are long enough to go around the ankle. Usually 40–50 cm is enough.
- B. The cuff should be long enough to wrap around the upper part of the lower leg.
- C. The spiral strap should be at least 50–60 cm long.

2



Apply the ankle part over the heel with the application running over the lateral part. Apply even tension over the complete strap.

3



Attach the first strap around the ankle and secure it with the hook. Then apply the second strap, position it closely to the 5th metatarsal and pull evenly over the strap to provide lift to the foot.

4



Continue with the strap around the ankle and secure it with the hook.

Caring instructions

The NRX[®] strap can be washed in 40° C machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.



5 Apply the cuff over the upper part of the lower leg. Make sure that it's securely applied so it doesn't slide.



6 Attach the strap over the lateral part of the ankle. Pull the strap with high tension up to the medial malleolus and wrap it around the leg with slightly lower tension.



7 Continue the spiral wrapping over the lower leg with at least 2 turns. Attach the strap over the medial part of the cuff. For more foot up effect you can either adjust the attachment of the spiral strap over the lateral part of the ankle or apply a second reinforcement from the lateral part to the medial malleolus.

The Mediroyal logo, featuring the brand name in white lowercase letters on a blue background, with a stylized white and blue wave graphic to the right.

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