

NRX[®] Patella Subluxation

Material

NRX[®] Strap 110 mm, NRX[®] Strap PLUS 80 mm, NRX[®] Hook Strong EU445161



1

Cut the main part from the NRX[®] Strap 110 mm. Make sure to make the patella hole slightly larger than the actual size of the patella.



2

Cut the reinforcement from either normal NRX[®] Strap or NRX[®] Strap Plus, depending on preference. Cut a C-shaped reinforcement from the NRX[®] Hook Strong EU445161 and attach on the NRX[®] Strap reinforcement. Then attach two hook tabs over the straps and an anchor over the side.



3

Attach the main body around the knee. Position the patella in the hole and attach the straps from the outside, securing them over the inside.



4

Attach the anchor over the lateral side. Make sure to keep the knee in about 20 degree flexion to slack the patella. Pull the straps to make sure that the straps catch the patella. Start by attaching the lower strap and then adjust the upper one. Adjust the tension of the straps if needed.

5



When correctly applied, the anchor should provide a distinct support laterally when the knee is loaded.

The NRX® Strap is excellent for diagnostic use but a brace like NRX430 or MBA150 can be easier for the patient to handle during long-term use.



NRX430 Patella Luxation



MBA150 Boa® Patella Lux

Caring instructions

The NRX® strap can be washed in 40° C machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.



© Mediroyal Nördic AB 2020