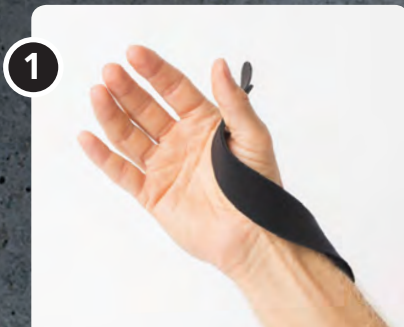


Thumb Abduction Support

Material

NRX[®] 30 mm + 2 hook tabs



1

Cut a 35-40 cm long strip of the 30 mm NRX[®] strap. Attach the hook parts on each end of the strap. Apply the strap over the thenar eminence.



2

Attach the hook part on the dorsal part of the thumb, creating a sling.



3

Apply the strap one turn around the dorsal side of the hand and turn back to the thumb.



4

Take another turn around the thumb to support the base of the thenar eminence.



5

Stretch the NRX[®] strap slightly and run it over the dorsal side of the hand again.



6

Attach the strap on the volar side of the hand with the hook tab. The strap can also be shortened and attached on the dorsal side if preferred.

Caring instructions

The NRX[®] strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.



7

When correctly applied the patient should feel a slight abduction support from the sling.