

Buddy Loops

Material

NRX[®] 30 mm + 2 hook tabs

1



Cut two strips in the desired width and approx 8 cm long. Adjust the width of the hook parts to the width of the strips.

2



Apply the first strap below the joint that needs support. Place the NRX[®] strap between the fingers and wrap it around.

3



Attach the lower strap with the hook part. Don't over tighten. Apply the upper strap the same way and fold around the finger.

4



Attach the hook part and test the stability. If needed adjust the strap tension

Caring instructions

The NRX[®] strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.